

# VISIT INFORMATION

Different types of guided tours and experiential tours are tailored made to different groups or visitors including elderly, care-givers and tertiary school students. Groups or individual visitors with prior booking are all welcome. For detailed information about the tours, please visit our website or call our hotline.



HONG KONG  
HOUSING SOCIETY  
香港房屋協會



# MIND-FRIENDLY HOME

# EXPLORATION CENTRE



# ENQUIRIES

## HOUSING SOCIETY ELDERLY RESOURCES CENTRE

☎ 2839 2882

🖨 2385 2136

🏠 Shop A-C, G/F., Prosperous Garden, 3 Public Square Street,  
Yau Ma Tei, Kowloon (Opposite to Cinematheque Broadway)

✉ [erc@hkhs.com](mailto:erc@hkhs.com)

🌐 [www.hkhselderly.com/erc](http://www.hkhselderly.com/erc)

🕒 Monday – Saturday : 9:00am to 12:30pm & 1:30pm to 6:00pm  
Sunday and public holiday: Closed

Printed on Recycled Paper



「智友家」家居探知館  
Housing Society Elderly Exploration Centre

開放時間 Opening Hours  
星期一至六 Monday - Saturday  
9:00AM - 12:30PM 9:00AM - 12:30PM  
1:30PM - 6:00PM 1:30PM - 6:00PM  
星期日及公眾假期 Sunday and Public Holiday: Closed

# BACKGROUND

With the ageing population, the number of people with dementia is expected to increase. In every 3 seconds, there will be one person diagnosed with dementia in the world; in Hong Kong, around a third of people aged above 85 are with dementia. People with dementia are facing many challenges in their daily living, especially in their home environment.

Housing Society Elderly Resources Centre set up Mind-Friendly Home Exploration Centre, the first of its kind in Hong Kong, to promote the concept of dementia-friendly home. This centre shows principles and applications on how to adopt a more friendly home design for people with dementia, so as to reduce the pressure of care-givers and facilitate the elderly to achieve ageing in place.

## MIND-FRIENDLY HOME DESIGN PRINCIPLES

- 1 • Unobtrusively reduce risks
- 2 • Allow people to be seen
- 3 • Reduce unhelpful stimulation
- 4 • Optimize helpful stimulation
- 5 • Support movement and engagement
- 6 • Create a familiar space
- 7 • Provide opportunities to be alone or with others
- 8 • Respond to a vision for way of life

# FACILITIES

There are three zones in the Mind-Friendly Home Exploration Centre, including:

## MIND-FRIENDLY MOCK UP FLAT

Showing home design principles and applications, hi-tech products, aids and gadgets that are suitable for people with dementia.

## MIND-FRIENDLY INFORMATION STATION

Introduction about dementia and related information, and interactive photo booth.

## MULTI-PURPOSE SEMINAR ROOM

Education talks and workshops on Mind-Friendly Home

