



HONG KONG HOUSING SOCIETY
香港房屋協會



Elderly Resources Centre
房協長者安居資源中心

Experiential Tours



Enquiries

Housing Society Elderly Resources Centre

📍 Shop A-C, G/F, Prosperous Garden, No.3 Public Square Street, Yau Ma Tei

☎ 2839 2882

📞 2385 2136

✉ erc@hkhs.com

🌐 www.hkhselderly.com/erc

📄 Website for Elderly Services

Opening Hours

Mondays to Saturdays

9:00am to 12:30pm

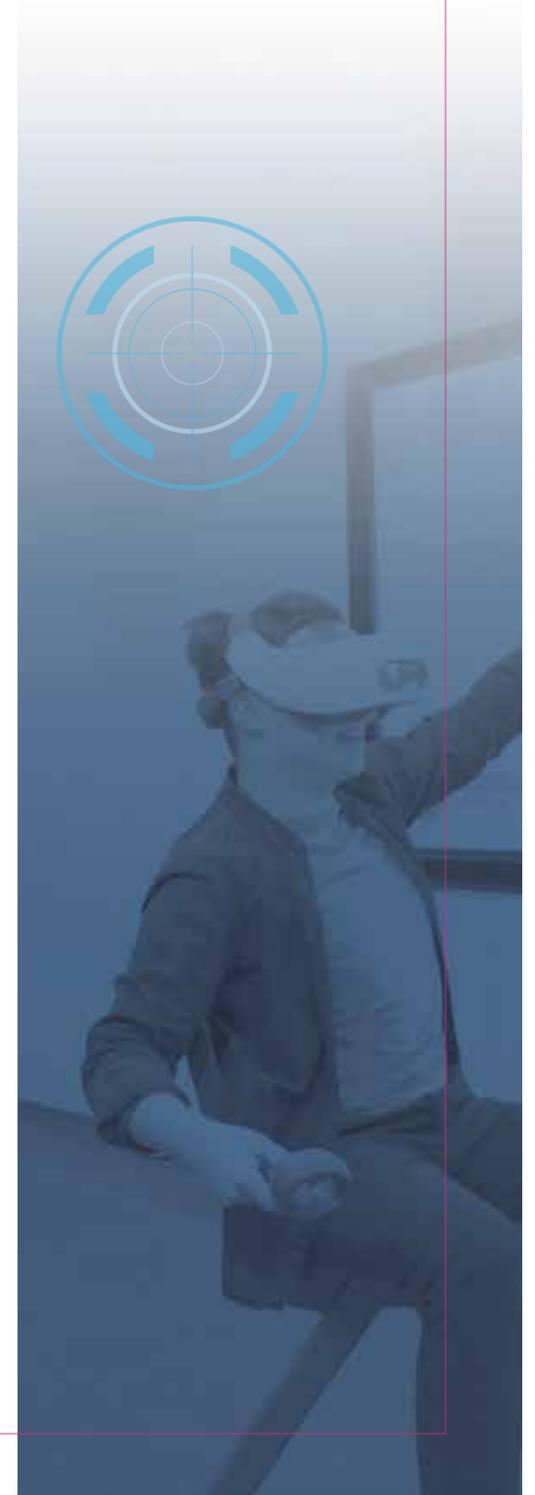
1:30pm to 6:00pm

Closed on Sundays and Public Holidays



Centre Map

Printed on recyclable paper



We offer two experiential journeys:

ExplorAge Tour

This experiential journey helps participants learn more about the ageing process that the **elderly** face, and the importance of **Age-Friendly Home**.

Mind-Friendly Home Experiential Tour

This experiential journey helps participants understand the challenges that **people with dementia** face in their daily lives, and the importance of **Mind-Friendly Home**.



ExplorAge Tour

Objectives

- Learn more about the ageing process
- Understand the challenges that the elderly face in their daily lives
- Understand the importance of "Age-Friendly Home"

No. of Participants

A maximum of 30 participants

Content

Virtual Reality (VR)

Understand the common mistakes the elderly have in their daily lives, and learn how to help them establish a healthy lifestyle



Augmented Reality (AR)

Visit "Innov-age Home" to know more about "Age-Friendly Home" design and gerontech products



Design your own Age-Friendly home

Learn how to design an ideal Age-Friendly home with different types of materials and furniture



Debriefing

Encourage participants to share their views on taking care of the elderly and designing an Age-Friendly home



Mind-Friendly Home Experiential Tour

Objectives

- Understand the challenges that people with dementia face in their daily lives
- Understand the importance of "Mind-Friendly Home" design principles

Content

Talk

Understand dementia and the needs of people with dementia and their care-givers



Experiential Activity

Understand the challenges that people with dementia face in their daily lives through role play



Debriefing

Help participants know more about the needs of people with dementia through sharing



No. of Participants

A maximum of 24 participants

Target

- Care-givers
- Students
- Professionals from other corporations or institutions

Fee

Free of charge

Appointment

- Apply online
- Send the application form via email or fax

Duration

Approximately 1.5 to 2 hours

Housing Society Elderly Resources Centre

